



TRAINING, RESEARCH AND EDUCATION FOR DRIVING SAFETY

TREDs

RESOURCES FOR SAFE DRIVING

DRIVER EDUCATION – Refresh Knowledge of the Rules of the Road

AAA RoadWiseDriver: Online only

877-476-1254 | california.aaadriverprogram.com/road-wise

AARP Smart Driver Course: In-person and online

800-350-7025 | aarp.org/driversafety

Lifelong Driver Program: Interactive computer course

855-839-9090 | lifelongdriver.com

Check the internet for driver education schools in your community

DRIVER SELF-ASSESSMENT TOOLS

“Am I A Safe Driver” A checklist for older drivers to identify risks

bit.ly/am-i-safe

DRIVESHARP: Online tool to see more, focus better, and react faster

drivesharp.com

Drivers 65 Plus: A 15-question self-rating tool to determine driving performance

bit.ly/self-rating-tool

Roadwise RX: Online tool to understand how an individual's medications can affect driving

roadwiserx.com

DRIVER EVALUATION PROGRAMS – Physician Referral Required

Statewide

California Occupational Therapist Driving Programs

treds.ucsd.edu/driver-evaluation/

National

American Occupational Therapy Association

aota.org/older-driver

Association of Driver Rehabilitation Specialists

866-672-9466 | bit.ly/aded1

CAR COMFORT AND SAFETY

Assistive Accessories for Your Car: Devices to optimize comfort and safety

<https://bit.ly/Assist-Accessories>

CarFit: Program evaluates how well a driver and their vehicle 'fit' for safety and comfort

car-fit.org

ADAPTIVE EQUIPMENT FOR VEHICLES

Resources for non-prescription items such as the HandyBar, leg lifter or swivel seat

Performance Health - items available online

800-323-5547 | performancehealth.com

In-store: Walmart, drug stores, automotive stores

Online: Allegromedical.com; Amazon.com

ADDITIONAL RESOURCES

California Department of Aging: Services to older adults 916-419-7500 | aging.ca.gov

California Department of Motor Vehicles dmv.ca.gov

Drivers Handbook bit.ly/dmv-handbook

Information for Seniors https://bit.ly/DMV_seniors

Practice Tests - Sample questions to prepare to take a written test
bit.ly/dmv-practice-tests

Senior Ombudsman Program - a free service to assist older drivers with DMV-related issues https://bit.ly/DMV_ombudsman

California Highway Patrol: Provides "Age Well, Drive Smart" classes in the community To find your local CHP office, go to chp.ca.gov/find-an-office

ChORUS: Clearinghouse for Older Road User Safety: A centralized source of information pertaining to highway safety for aging drivers roadsafeseniors.org

Getting by Without Driving: Transportation options for when one stops driving
bit.ly/without-driving

Getting There Worksheet: Questions to ask about alternative transportation options
bit.ly/getting-there-worksheet

National Highway Traffic Safety Administration: Information on driver safety issues
nhtsa.gov

Transportation Cost Worksheet: Determines the annual expense of owning and operating a car bit.ly/transportation-cost

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